

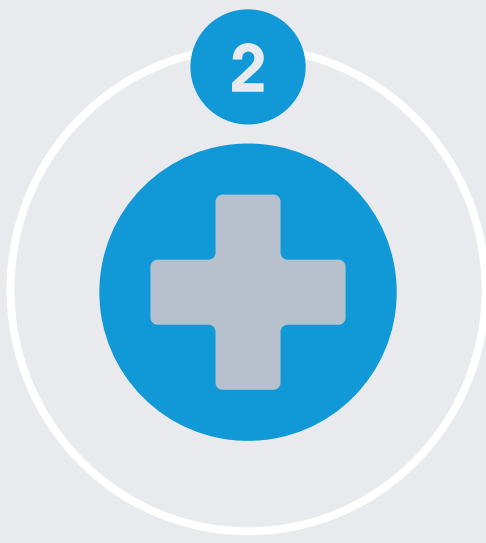
Hurt at Work?

1



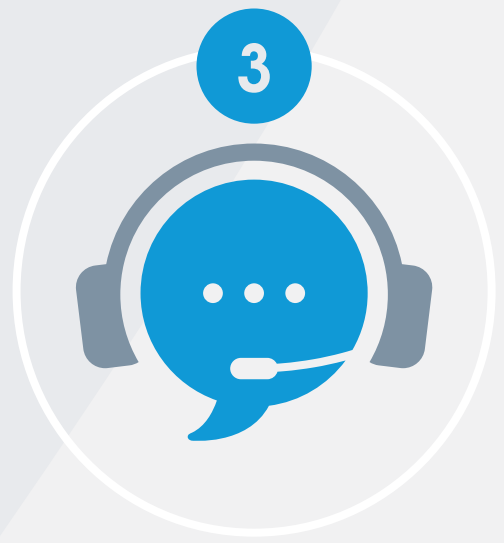
Tell your supervisor

2



Get medical help

3



Call the WCB

4



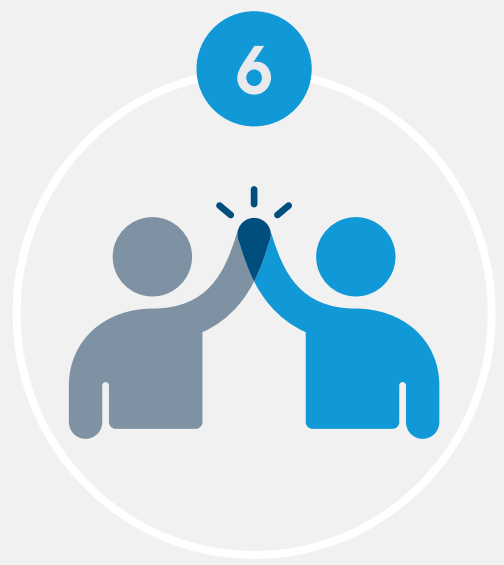
Ask what work
you can do

5



Perform modified
or alternate duties

6



Return to
regular duties



If your return to work is not going according to plan, the WCB is here to help. Call your WCB contact or call us.



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