

Community Services



A safer Manitoba that fosters prevention and return to work.

There are other non-profit community services that can help in various ways. Some of these are listed below. For more information speak to your WCB contact.

Advocacy Services

Worker Advisor Office 204-945-5787
(1-800-282-8069)

Fair Practices Office (WCB) 204-954-4467

Community Unemployed
Help Centre (for E.I. appeals) 204-942-6556

Employment Services

Centre for Aboriginal Human
Resource Development 204-989-7110

Opportunities for Employment 204-925-3490

Reaching E-Quality Employment
Services 204-947-1609

Manitoba Possible (formerly Society
of Manitobans with Disabilities) 204-975-3010

The Immigrant Centre (formerly
The International Centre) 204-943-9158

Winnipeg Transition Centre 204-338-3899

Support Services

WCB Distress Line/Klinic
Crisis Line 204-786-8175
(1-800-719-3809)

Aboriginal Centre
of Winnipeg 204-989-6395

Anxiety Disorders
Association of Manitoba 204-925-0600

Canadian Mental
Health Association 204-982-6100

**If you're
hurt at work,
we're
here to help.**

How to Reach Us

The Workers Compensation Board of Manitoba
333 Broadway, Winnipeg, MB R3C 4W3

Email us at
wcb@wcb.mb.ca

For more information, visit
wcb.mb.ca

or call us at
204-954-4321

or toll free
1-855-954-4321

Report fraud and non-compliance

Call 204-888-8081 or toll free 1-844-888-8081
Email Compliance@wcb.mb.ca

SAFE Work is everyone's responsibility.
Preventing injuries is good for employers and
workers. To learn more, go to:

safemanitoba.com

or call 204-957-SAFE (7233) in Winnipeg
or 1-855-957-SAFE (7233) outside Winnipeg



GUIDE TO COMMUNITY SUPPORT SERVICES & RESOURCES



**If you're
hurt at work,
we're
here to help.**



Financial Services

If you are waiting for the WCB to accept your claim, or have had your benefits denied or discontinued, there are other financial options to consider. These include:

Employment Insurance Benefits (sick/regular)

- Eligibility is determined by whether you have worked a minimum number of hours over the previous 52 weeks.
- In some cases, the eligibility period can be extended back two years.

Rural toll free contact: 1-800-206-7218

Company/Private Disability Plan

- Check with your employer about short/long-term disability coverage.

Employment & Income Assistance (Social Assistance)

- This service can provide financial aid.
- You must first arrange an orientation/assessment.

Contact: 204-948-4000

CPP Disability Benefits

- For longer term and severe injuries.

Contact: 1-800-277-9914

**Collecting one of the above benefits and WCB benefits will affect your WCB rate of pay.*

Banks/Credit Unions

- Check with your financial institution for any disability insurance coverage on outstanding debt (mortgage, personal loan, credit cards). This coverage can help reduce your monthly expenses.

Community Financial Counselling Services

If you have filed a claim with the WCB, you can receive financial counselling.

A professional financial advisor can help you with debt and money management planning. They can provide information and guidance about the Disability Tax Credit as well.

Features of this service include:

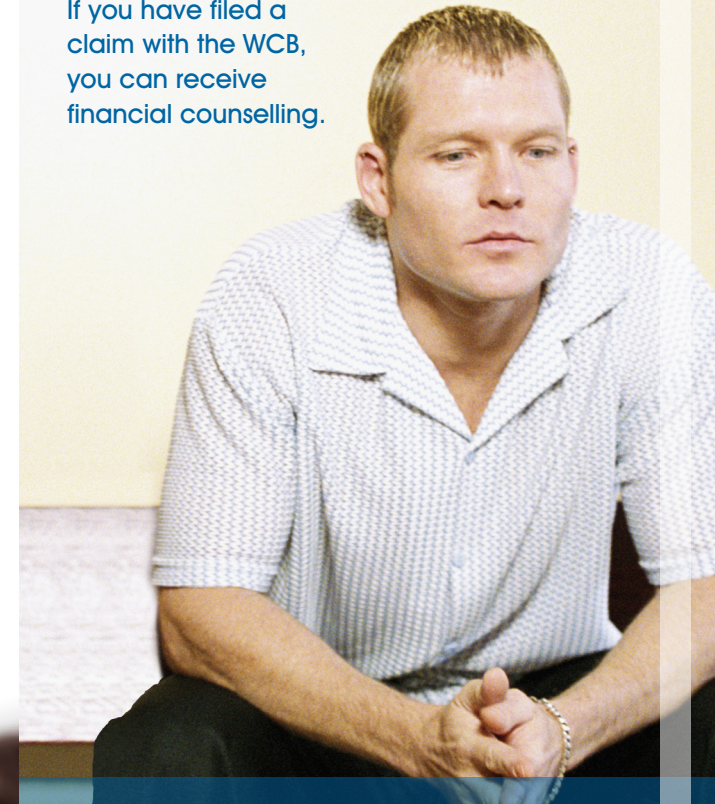
- **no cost to you**
- **quick access (2-3 working days)**
- **complete confidentiality**

Local Contact: 204-989-1900

Rural Toll Free Contact: 1-888-573-2383



If you have filed a claim with the WCB, you can receive financial counselling.



Personal Counselling Services

This service is designed to assist you if you are having difficulty coping while your WCB claim is being adjudicated, or when your claim has ended.

Features of this service include:

- no cost to you
- 3-4 sessions of counselling
- timely appointments
- complete confidentiality
- available in some rural areas