

Family Doctor Finder: 1-866-690-8260
gov.mb.ca/health/familydoctorfinder

Manitoba Suicide Line: 1-877-435-7170 reasontolive.ca

winnipeg.cmh.ca

Canadian Mental Health Association: 204-982-6100

afm.mb.ca

Addictions Foundation of MB Info Line: 1-855-662-6605

WRHA Mobile Crisis Service (24 hrs): 204-940-1781

Vital Life: vitallife.ca

Resources

WORKPLACE PSYCHOLOGICAL HEALTH & SAFETY



in partnership with

