

WCB Voice



WCB
Workers Compensation
Board of Manitoba

Day of Mourning events planned for April 28



Every year on April 28, the National Day of Mourning is marked to remember those who have lost their lives, or suffered injury or illness, due to a work-related incident. It is also a time to re-commit ourselves to workplace safety and health and the prevention of further injury, illness and death.

The Day of Mourning began in Canada and now takes place in more than 100 countries around the world. This year will see a return to in-person events in Manitoba after cancellations last year due to the COVID-19 pandemic.

The Manitoba Federation of Labour invites Manitobans to gather at Union Centre, located at Broadway and Smith Street, starting at 11 a.m. The SAFE Workers of Tomorrow Leaders' Walk will start from the centre at 11:30 and proceed down Broadway to Memorial Park. At noon, a new workers' memorial will be unveiled at the park.

Please visit the [Day of Mourning](#) page on SAFE Work Manitoba's website for information, which will be updated as other events are confirmed. For general information about the National Day of Mourning, visit the [Canadian Centre for Occupational Health and Safety](#) website.

Regardless of whether or not you take part in an event, please consider pausing at 11 a.m. on April 28 for a moment of silence.

We're Open for Business!

With all of our staff back in the office as of April 4, employers and other clients are now welcome to once again attend WCB buildings for meetings or appointments. We look forward to being able to provide our full range of services to employers and workers.

Our office environment continues to evolve along with public health recommendations. Please visit our website at www.wcb.mb.ca prior to attending our offices for the most up-to-date safety and health protocols. Rest assured, we will always keep the safety and health of our staff and customers as our top priority.

The WCB continues to follow or exceed the province's public health recommendations and we will continue to review our safety and health protocols going forward.

***We looking forward to seeing
you again, face to face!***

Walk Together in Steps for Life

Steps for Life provides a chance to unite around a worthwhile safety and health cause, and registration is open now. Steps for Life - Walking for Families of Workplace Tragedy - is a national fundraising and awareness walk aimed at promoting the importance of workplace safety and health, while supporting families affected by work-related fatalities, life-altering injuries and occupational disease. You can walk on your own or team up with family, friends and colleagues.

A virtual opening ceremony will take place on Sunday, May 1 at 11 a.m. Visit [Steps for Life](#) for more information or to register for the walk.

Internet Explorer Being Retired

As of June 15, 2022, Microsoft is retiring the Internet Explorer web browser. To ensure you have the best experience on the WCB and SAFE Work Manitoba websites, we recommend using a current Internet browser, including the major release of any of the following:

- Google Chrome
- Microsoft Edge (Chromium)
- Apple Safari
- Mozilla Firefox

It is recommended that you use the most current versions of the web browsers listed above to ensure you do not experience reduced functionality, and/or a less than ideal experience.

Featured e-learning: Office ergonomics

Poor ergonomics when using computers and other office equipment can lead to injuries. In this free, one-hour course, you'll learn about solutions to manage ergonomic issues in your office workspace

Office Ergonomics e-learning course provides a practical introduction to office ergonomics. The course deals specifically with problems and injuries related to the use of computers and other office equipment.

Visit www.safemanitoba.com/Education for more information.

Topics include:

- Musculoskeletal disorders (MSDs)
- MSD risks
- Stages of MSDs
- Applying ergonomics to components of the office environment
- The workstation and the worker
- Exercises
- References, quizzes and an exam to test participants' knowledge

Upon completion of this course you will be able to:

- Recognize the early signs of discomfort that can arise while working with office equipment
- Learn the factors responsible for such discomfort
- Participate in assessing, controlling and preventing ergonomic problems and injuries

A return to work plan helps you get back to work safely.

Learn how at
wcb.mb.ca

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